

PRIMARY SCHOOL AUTUMN/WINTER MENU 2022

Week One - Monday 5th September 2022, Monday 26th September 2022, Monday 17th October 2022, Monday 14th November 2022, Monday 5th December 2022				
	Main One	Main Two	Served with	Dessert
Monday	Quarter Pounder Fish Fillet	Cheese and Tomato Quiche V	Oven Baked Chips and Broccoli Florets	Millionaires Slice
Tuesday	Beef Hot Pot	Jacket Potato with Cheese, Tuna or Baked Beans	Salad Bar Available	Sticky Ginger Cake and Cream
Wednesday	Pepperoni and Mozzarella Pizza	Meatless Marbles Vg	Potato Wedges and Spaghetti Hoops	Peach & Apple Crumble with Custard
Thursday	Roast Gammon, Yorkshire Pudding and Gravy	Jacket Potato with Cheese, Tuna or Baked Beans	Roast Potatoes and Diced Carrots	Rice Krispie Frazzles with a Glass of Milk
Friday	Chicken Burger in a Soft Bap	Pizza Roll V	Mini Potato Hash Browns and Garden Peas	Ice Cream Sundae
Week Two - Monday 12th September 2022, Monday 3rd October 2022, Monday 31st October 2022, Monday 21st November 2022, Monday 12th December 2022				
Monday	Fish Fingers	Chick Pea and Vegetable Biryani Vg	Oven Baked Chips and Mushy Peas	Pancakes and Sauce
Tuesday	Chicken Tikka Curry, Rice and Naan Bread	Jacket Potato with Cheese, Tuna or Baked Beans	Salad Bar Available	Iced Victoria Sponge with Sprinkles
Wednesday	Meatballs, Pasta and a Tomato and Basil Sauce	Vegetable Pasta Bake Vg	Sliced Green Beans	Banana Flapjack with a Glass of Milk
Thursday	Roast Beef, Yorkshire Pudding and Gravy	Jacket Potato with Cheese, Tuna or Baked Beans	Roast Potatoes and Cauliflower Florets	Strawberry Mousse
Friday	Sausage Rolls	Tuna, Cheese and Salad wrap	Sweet Potato Chunks and Sweetcorn	Chocolate Brownie
Week Three - Monday 19th September 2022, Monday 10th October 2022, Monday 7th November 2022, Monday 28th November 2022, Monday 19th December 2022				
Monday	Hot Dogs Vg	Quorn Fishless Fingers Vg	Potato Croquettes and Carrots	Arctic Roll
Tuesday	Chilli Beef Taco with Rice	Jacket Potato with Cheese, Tuna or Baked Beans	Salad Bar Available	St Clements Cake
Wednesday	Macaroni Cheese V with Garlic Bread	Vegetable Hot Pot V	Sweetcorn	Chocolate Sponge with Chocolate Custard
Thursday	Sausages, Mash, Yorkshire Pudding and Gravy	Jacket Potato with Cheese, Tuna or Baked Beans	Mixed Vegetables	Fruit Jelly and Fruit Salad
Friday	Chicken Chunks with Dipping Sauce	Cheese Pasty V	Potato Noisettes and Baked Beans	Choc Chip Cookies Vg with a Glass of Milk

Please note meals may not be served in the order printed above, our Cooks may need to change the menu at short notice, if for instance there is a problem with food deliveries or a school activity has been arranged but we will try to keep these changes to a minimum.

Fresh bread, a salad bar and a variety of fresh fruit and yoghurts is available every day.

MSC-MARINE STEWARDSHIP APPROVED AND SMART CRUMB COATED

***v** : suitable for vegetarians **vg** : suitable for vegans and vegetarians*

Nutritional and Dietary Information for the above menu is available on request from Christine.Swales2@gov.im