

PRIMARY SCHOOL SUMMER MENU 2019

Week One-Tuesday 23rd April,Monday 13th May,Monday 17th June,Monday 8th July,Monday 9th September,Monday 30th September,Monday 21st October

	Main One	Main Two	Served with	Dessert
Monday	Cod Bites(MSC)	Vegetarian Sausage Roll V	Oven Baked Chips and Garden Peas OR Salad Bar Available	angel cake
Tuesday	Chicken chowmein served with a pitta pocket	Jacket Potato with Cheese, Tuna or Baked Beans V	Salad Bar Available	Strawberry mousse
Wednesday	Beef Lasagne and garlic bread	Macaroni cheese bites V	Herby diced potatoes ,Mixed Vegetable Medley OR Salad Bar Available	Belmont slice and fruit juice
Thursday	Baked Ham & Gravy served with Roast potatoes and Cauliflower	Jacket Potato with Cheese,Tuna or Baked Beans V	Salad Bar Available	Fruit Jelly
Friday	Chicken Chunks	Vegetable Nuggets V	oven baked potato wedges and sweetcorn OR Salad Bar Available	Wholemeal shortbread biscuit

Week Two-Monday 29th April,Monday 20th May,Monday 24th June,Monday 15th July,Monday 16th September,Monday 7th October

Monday	Pollock goujons(MSC)	vegetarian sausages V	Oven Baked Chips & Mushy Peas OR Salad Bar Available	Cheese and biscuits
Tuesday	Mild Mexican chicken served with a Taco Shell	Jacket Potato with Cheese,Tuna or Baked Beans V	Salad Bar Available	Chocolate delight
Wednesday	Pepperoni Pizza	Quorn Fiesta Wrap	Noisette Potatoes and Peas & sweetcorn OR Salad Bar Available	Apricot Crisp and fruit juice
Thursday	Roast Turkey & Stuffing served with Gravy, Roast Potatoes, Carrot & Swede	Jacket Potato with Cheese,Tuna or Baked Beans V	Salad Bar Available	Warm Waffles & Fruit Compote
Friday	Beef Burger	Vegetable Burger served in a soft bap V	Saute potatoes and Sliced green beans OR Salad Bar Available	Marble Cake

Week Three-Tuesday 7th May,Monday 10th June,Monday 1st July,Wednesday 4th September,Monday 23rd September,Monday 14th October

Monday	Fish Fingers(MSC)	Southern Fried Quorn Burger v	Oven Baked Chips and Spaghetti Hoops OR Salad Bar Available	Homebaked Chocolate Chip Cookie
Tuesday	Mild Chicken Curry served with Rice , Nann Bread and garden peas	Jacket Potato with Cheese,Tuna or Baked Beans V	Salad Bar Available	Banana Surprise
Wednesday	Chicken Pie	Cheese Pastie V	New boiled Potatoes and broccoli Florets OR Salad Bar Available	Flapjack Biscuit and fruit juice
Thursday	Roast Beef and mini Yorkshire Pudding served with Gravy , Roast potaoes and Country mixed vegetables	Jacket Potato with Cheese, Tuna or Baked Beans V	Salad Bar Available	Manx Icecream
Friday	Oven baked sausages	omelettes v	Mini Potato waffles ,diced carrots and sweetcorn OR Salad Bar Available	Sunshine Cake

Please note meals may not be served in the order printed above, our Cooks may need to change the menu at short notice, if for instance there is a problem with food deliveries or a school activity has been arranged but we will try to keep these changes to a minimum.

***A fresh bread selection, a salad bar and a variety of fresh fruit and yoghurts is available every day.
MSC-MARINE STEWARDSHIP APPROVED AND SMART CRUMB COATED***

